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PATHWAYS

TREATMENT CENTER

If you're in North Carolina with us, then I hope you've had a happy snow (ice!) week. Everyone knows I prefer beach weather, but I've kept myself busy gearing up for our Open House in a few weeks. Get all the details below!

- Amy Cameron

What do we do Pathways?

No diagnosis necessary.

Recently, a parent reached out to me for support with a specific challenge her child was facing. But soon she confessed her child didn't have a diagnosis of any kind and so she thought maybe Pathways wasn't the right place to turn. Quite the contrary! The dynamic thinking skills we have always provided strategies for developing are skills that *everyone* needs and uses daily! Many neuro-typical children, as well as adults, face some roadblocks from time to time. Someone may struggle to: control impulsive behaviors, or acknowledge how others may feel about their actions, or make well thought-out decisions. These are all common obstacles that aren't tied to a diagnosis and that can be overcome. We offer education and support in a wide range of skill areas including self-control, decision making, perspective taking, problem solving, and more.

[Click here to read](#) my latest blog post on self control. I promise it is enlightening and entertaining! Cute kids and the Cookie Monster are involved.

Team Approach.

And of course my team also provides autism consulting including dynamic thinking, social engagement, and reciprocal communication, reflex integration and exercises, developmentally based speech and occupational therapies,

academic tutoring, and educational consulting including IEP support. You can pick and choose what works for you and your family! [Click here to learn more about the team.](#)

Reflex Integration.

MNRI can affect the symptoms of cerebral palsy, brain injury, genetic disorders, learning disabilities, and more. [Click here to learn more](#) about the importance of reflex integration and how Pathways can help.

Upcoming Events

PATHWAYS

TREATMENT CENTER

Open House

Meet, mingle, and learn!

March 7
10-12pm

With brief presentations
at 10:30 and 11:30am

103 Salem Town Court, Apex
www.pathwaystreatmentcenter.org



Open House!

Please join us on March 7th for a tour of our center and brief informational sessions. You can ask questions and learn more to your heart's content in a personal and focused setting.



Recent facebook posts:

[Snow day strategies for children with autism.](#)

[CBS: The brain can be rewired.](#) (This is old news for us, right?!)
[TV interview from Louisiana describing the same therapies we use at Pathways!](#)
[There are very important skills that can't always be counted and charted.](#)
[Help teens on the autism spectrum to navigate social relations.](#)
[Communicate without words. Build a relationship without demand.](#)

As always.....

At Pathways Treatment Center, we offer new families a free initial meeting with one of our certified professionals. You can get to know us, and we can get to know you. We can start to understand your family's needs, and answer questions about how we work and what we offer. Contact Amy Cameron (919)-931-2819 to make an appointment.

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